

TOWER TALK

THE NEWSLETTER OF THE ISLANDER CLUB



October—December 2022

Starting January 2023 hopefully we will return to our “Things Happening at The Islander Club!” Can’t wait for exercises, book club, water aerobics, yoga, and open meetings with speakers! I hope these start happening before January 2023!

The great things from last year here at the Islander Club were the Sunset Outdoor Music Nights! Can’t wait for things to return to normal!

In This Issue

Sally Kingston, Administrative Mgr.

Reports

Ian Hurricane—Reports

2023 Photo Contest

Things Happening on Longboat Key

Holidays We Will Celebrate in next three months

Phyllis Radlinski, Editor

Sally Kingston, Tower Talk Team

ISLANDER CLUB OFFICE NEWS by Sally Kingston

If you are interested in Leasing your apartment, please notify the office.

Occasionally interested parties contact the office and your information will be posted.

Owners who would like to participate in Resident to Resident, please contact the office. This list is not published, owners who are interested in participating in a Resident-to-Resident occupancy may contact the office for the list and appropriate form.

95 South purchased by Irina Solovey on September 15, 2022

APARTMENTS FOR LEASE

OCT. 1, 2022 TO SEPT. 30, 2023

FOR LEASE

71 SOUTH

GULF SUNSET VIEW

1- or 2-month

Available Oct 1 to Dec. 15 2022

Contact: Jean Thomson

FOR LEASE

25 SOUTH

Garden View

Available Jan-April

Barbara Harvey

937-890-7094

jabar17@live.com

FOR LEASE

23 South

Gulf Sunset View

Contact: Lindsay Cook

Lindsaycook@hotmail.ca

APARTMENTS FOR SALE

46 North (SOLD)

\$935,000

Contact: Judy Kopecz-Hayes

Coldwell Banker

941-387-1813

Kepecz@JudyHays.com

24 SOUTH

\$750,000

Contact: Reid Murphy

Developers Realty

941-232-3304

Reid@reidmurphy.com

***REMINDER PLEASE CONTACT THE OFFICE BY E-MAIL OR PHONE PRIOR TO WHEN YOU ARE ARRIVING ON THE PROPERTY. HOPE TO SEE YOU SOON.**

THANK YOU!

Hurricane Ian Update

September 28, Hurricane Ian is approaching Sarasota County with maximum sustained winds of 155 MPH just 2 mph short of a category 5 Hurricane.

“We are concerned for our entire community and are monitoring all areas.” Jamie Carson, Sarasota County’s Communication Director .”If you are in a Level A & B leave now.” This had to be so scary.

On Tuesday, September 27, Sally sent out a message about clearing your balconies!

On Thursday, September 29, Kris sent out pictures showing the damage around IC. Jose and Jeff are currently checking all units for water intrusion. Will update with unit status as we find out. We lost some equipment from one or both of the tower roofs. Carports mostly all took a hit to the soffits.



On September 29, we received the following info: Kris Brommeland is on the property assessing the damages and inspecting all apartments for water intrusion.

He will be sending out a report of what he finds when he knows something. In the mean time please refrain from calling or texting him directly, it is only taking his time and attention away from what he should be taking care of. Kris did report there is electricity on the property.

September 29, 9:58 a.m. Dear Owners,

I know all of you are eagerly awaiting news of how the Islander Club fared against Hurricane Ian. Rest assured that the Islander Club staff and myself are working diligently to assess the property and your condo's. We lost two of our brand new exhaust fans from the south tower roof along with the shroud for the fresh air intake for the AAON that cools the hallways. There are lots of broken branches and palm fronds strewn about the property. Almost every carport suffered some damage to the soffit ceilings and will need to be repaired or replaced. Hurricane Ian was a very thirsty storm and sucked all of the water out of the cooling towers and without the island having any water service at this time there is no way to fill them back up, so there is no A/C running in your condos at this time. Just as soon as the water service is restored back to the island filling the cooling towers and resetting everyone's A/C's will be top priority. Jeff, Jose, and Elena all came in this afternoon to help with checking condos for water intrusion. Sally continues to help me with organization of things such as communications with you remotely. There is quite a few condos that suffered some water intrusion caused by wind driven rain.

Before the storm I signed an Code Blue agreement with an emergency services company " Rapid Response Team". They were here today extracting water and installing drying equipment in a few units and will be back first thing in the morning to continue drying out the rest of the units on my list.

If your condo was affected by water intrusion someone will be in contact with you. For those of you that were concerned about your cars and the storm surge, the Islander Club did not get hit with a storm surge and your cars weathered the hurricane safely, well at least they didn't drown. It most importantly everyone is safe and nobody got hurt except me. I think I broke a toe or two during the evacuation, but it just a toe and life goes on! Kris Brommeland, Manager, The Islander Club of Longboat Key

Thursday, September 29 at approximately 4:56 p.m. The Town's Emergency Management has announced limited re-entry to the island for residents, property owners and businesses to assess the condition of their property. They are limiting assess to the island while work is on going.

People are encouraged to come look, evaluate the condition of your property , and leave so as not to over-stress the Utility system and cause additional issues.

Public Works is not available to respond to individual calls for service as they are working to restore critical infrastructure that serves the entire island.

When water service is restored please note there will be a precautionary boil water advisory for Longboat Key.

The boil water notice will remain in effect until laboratory tests reflect satisfactory samples.

I am sure we will be getting more notifications!

As we know Ian really hit the Fort Myers area.

Several of our friends live in the Fort Myers area. One just sold his home on the beach two weeks ago and moved inland. The home he had lived in for more than 20 years and bought a new home away from the beach—both were totally destroyed.

Below is a photo of the Legacy Marina in Fort Myers just last year, and the second photo is one taken after Ian moved inland. We stayed at Legacy many times when we had our American Tug. So much destruction!



Notice from Kris Brommelan, Manager

Dear Owners,

I know all of you are eagerly awaiting news of how the Islander Club fared against Hurricane Ian. Rest assured that the Islander Club staff and myself are working diligently to assess the property and your condo's. We lost two of our brand new exhaust fans from the south tower roof along with the shroud for the fresh air intake for the AAON that cools the hallways. There are lots of broken branches and palm fronds strewn about the property. Almost every carport suffered some damage to the soffit ceilings and will need to be repaired or replaced. Hurricane Ian was a very thirsty storm and sucked all of the water out of the cooling towers and without the island having any water service at this time there is no way to fill them back up, so there is no A/C running in your condos at this time. Just as soon as the water service is restored back to the island filling the cooling towers and resetting everyone's A/C's will be top priority. Jeff, Jose, and Elena all came in this afternoon to help with checking condos for water intrusion. Sally continues to help me with organization of things such as communications with you remotely. There is quite a few condos that suffered some water intrusion caused by wind driven rain.

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BIRTHDAYS

Deborah Jean Thomson - September 30

George Shaps – October 4

Donna Amari – October 6

Richard Radlinski - October 8

Mark Schneider - October 20

Eli Rochlin – October 21

Allison Byrd – October 27

Phyllis Radlinski – October 28

Christine Maniscalchi – October 29

Dave Elliott – November 2

Allen Soden—November 2

Suzanne Schwarz – November 6

Kathleen Brown – November 10

Bonnie Rosen – November 23

Donna Giles – November 29

Carl Pfirrmann – December 7

Judy Soden—December 23

Bob Rosen – December 30



ANNIVERSARIES

“51” Jay & Donna Giles – December 11

Leon & Jean Troyer - December 28



Hospitality Committee Update

We are all looking forward to a happy, healthy new season filled with many opportunities to celebrate with our good friends and make lots of new ones!

There are no official events planned at this time, but watch for a posting of social get togethers in 2023. Don't forget...even if there are no committee gatherings scheduled, it's fun to invite IC community members to an impromptu sunset toast on the pool deck or beach!

Until we meet again, may your days be filled with happiness and good health!

**ISLANDER CLUB OF LONGBOAT
CONDOMINIUM ASSOCIATION, INC.
BOARD OF DIRECTORS MEETING**

August 19, 2022

(APPROVED MINUTES)

Mr. Schaffert, President, called the Zoom meeting to order at 11:00 a.m.

Directors Present at the Zoom meeting: Mr. Schaffert, Mr. Dallacqua, Mr. Ring (joined the meeting at 11:22 a.m.), Mr. Rosen, Mr. Broski, Mr. DiFoggio (joined the meeting at 11:11 a.m.), Mr. Rodino, Mr. Troyer, and Mr. Weber.

Mr. Rosen confirmed the meeting was posted on August 4, 2022. The ownership was given a two week notice of the financial discussion to take place.

Approval of Minutes

Mr. Rosen moved to approve the Board of Directors meeting minutes from August 2, 2022. Mr. Troyer seconded the motion. All voted in favor. (7-0) Motion passed.

Manager's Report

Manager, Kris Brommeland reported the problems continue with the resident in 21 South. They have court appointed guardian ad litem who are working with the owner.

Today they are moving forward with the assessment of one of the residents. It is the intent that once they are placed in a memory care center the other resident will be evicted. All fobs will be turned off and the locks will be rekeyed. A trespass warning will be issued and if he returns to the Islander Club property he will be arrested.

The concrete repairs continue on the North Tower balconies. The two and three stack is completed for the most part, only a few finishing touches to complete. Apartments P3, 83 & 22 North have elected to reinstall tile on their balconies. The work is progressing on the fourth and sixth stack, where the tile has been removed, the bad concrete has been removed and the rebar exposed, cleaned, and coated so the engineer and town inspector can inspect. Once this is completed the water treated membrane will be installed. RL James has completed a total of \$68,424.59 toward the contract. The South Tower proposal from Simon Roofing was sent to Mr. Weller, he drew up an addendum which was sent to Simon. Simon sent back their revisions to the addendum. Mr. Weller requested information from the board. The addendum (to add a bond requirement), would raise the price of the contract, have you investigated what this would cost? It will be added to the price of the contract.

Kris indicated the cost would be \$8,133.98. Also, if they were content with the payment schedule; 50% at signing of contract and process billing for the completion of the project. Mr. Schaffert asked Mr. Rosen to work with Mr. Weller to complete the addendum.

Kris reported that Advanced Roofing had increased their bid proposal by \$22,000 to replace the carport roofs since they did not get the contract for the South Tower Roof. He recommended to the Building Maintenance Committee that Florida Southern Roofing's proposal to replace the carport roofs be accepted. Their proposal is less expensive on labor and wood replacement and will use the same adhesive method for setting the tiles as proposed in the Advanced bid.

About a month ago the ceiling in the master bedroom of the cottage started to leak. A repair has been attempted; however, the roof is beyond repair and needs to be replaced. Florida Southern has given us a bid of \$22,105 for an architectural asphalt shingle roof with a 40-year warranty.

Board Discussion

The Board agrees that the cottage roof should be replaced but we need a couple more bids. Mr. Rosen did point out that residential roofers would be the best to contact.

Mr. DiFoggio joined the meeting.

Community Discussion

Mr. Dallacqua announced at this summer meeting there are 40 participants represented.

Mr. Rochlin suggested when the cottage roof is off that more insulation should be added. When Kris was installing ceiling fans, at his own expense, he noticed there was very little insulation. Mr. Broski suggested Kris continue to explore the temporary repairs and acquire two more bids. Also, the maintenance committee should discuss and recommend.

Mr. Ring joined the meeting.

Report of Officers

Presidents Report

It has come to the attention of Mr. Schaffert that in the February 17, 2021, minutes Mr. Rosen made a motion to approve funding a research project on the portico to determine repair vs replace with a budget allotted at \$5,000 not to exceed \$10,000. Mr. Schaffert indicated nothing has been done. Mr. Schaffert asked for a motion to rescind this motion. Mr. Rochlin commented that some of the funds were used to acquire an engineering report.

Mr. Rochlin pointed out that some of the funds were used to pay Sterling Wilbur Engineering for an engineering opinion. **Mr. Rosen moved to rescind his previous motion. Mr. Rodino seconded the motion.** Board discussion.

Roll Call Vote:

Schaffert-yes, Dallacqua -yes, Ring-yes, Rosen-yes, Broski-yes, DiFoggio-yes, Rodino-yes, Weber-yes, Troyer- yes. (9-0) Motion Passed.

Committee Reports

Treasurer, John Ring sent out the financial report as of June 30, 2022 to the Board.

Building Maintenance

Mr. Rochlin explained the meeting was held to discuss the Florida Southern Roofing proposal for the carports. It offers a warranty of 5 years on labor, 30 years on the underlayment and 50 years on the tile and it is \$12,000 less than the Advanced proposal. Advanced increased their bid once they did not receive the South Tower roofing contact. All agreed to make the change. Mr. Schaffert explained a motion from the last board meeting needs to be rescinded. Mr. Rosen moved to execute the proposal from Advanced roofing for the replacement of the carport roofs subject to the comments from our attorney and accepted by Advanced roofing as well clarification and negotiation, if need be, of the payment schedule. Mr. Broski seconded the motion.

Mr. Rosen moved to rescind the motion he made at the last Board meeting and to take no further steps toward executing a contract with Advanced roofing for the carport roofs. Mr. Broski seconded the motion. Discussion followed from the community. Mr. Lombardi questioned how the motion was rescinded to approve funding a research project on the portico to determine repair vs replace with a budget allotted at \$5,000 not exceed \$10,000. Since money was spent on an engineer's report on the portico. Mr. Broski explained if there were funds spent the motion should

be disposed of rather than rescinded. **Mr. Broski moved to remove the action of the recession made earlier. Mr. Troyer seconded the motion. Roll Call Vote: Schaffert-yes, Dallacqua -yes, Ring-yes, Rosen-yes, Broski-yes, DiFoggio-yes, Rodino-yes, Weber-yes, Troyer- yes. (9-0) Motion Passed unanimously.**

Mr. Rosen moved to execute the carport roof contract with Florida Southern Roofing subject to review by our attorney and executing any addendums. And we act with great dispatch. Mr. Weber seconded the motion. Roll Call Vote: Schaffert-yes, Dallacqua -yes, Ring-yes, Rosen-yes, Broski-yes, DiFoggio-yes, Rodino-yes, Weber-yes, Troyer- yes. (9-0) Motion Passed unanimously.

Finance Committee:

Mr. Schaffert explained the assessment to be proposed by Mr. Ring will do three things for the Islander Club. It will give the Association an appropriate start to the new changes in the Florida laws due to the collapse of a condo on the East coast. It will enhance building safety and make the buildings more insurable.

Mr. Ring estimated the available capital for the projects by using the reserve balances, according to the audit statement as of March 31, 2022 as well as the additional reserves that had built up since that time and the reserves that will be added before the funds will be expended for the projects. The spreadsheet includes the South Tower roofing replacement by Simon Roofing and assumed replacement of the North Tower roof with a 10% contingency was added. The Florida Southern contract for the carports also with a contingency of 20% was added. The estimate of the total cost for the projects is \$1,388,000 and is rounded up to \$1,400,000. After conferring with the Building Maintenance committee and the president the total assessment per unit is \$10,000.

To concur with the Quarterly assessments the Special assessment first installment of \$3000.00 per unit would be due on October 1, 2022, the second installment of \$3500.00 per unit will be due on January 1, 2023 and third installment of \$3500.00 per unit will be due on April 1, 2023.

Mr. Ring moved to propose a \$10,000 per unit Special Assessment payable \$3000.00 on October 1, 2022, \$3500.00 on January 1, 2023 and \$3500.00 April 1, 2023. Mr. Broski seconded the motion. Board discussion followed. Mr. Weber questioned if the special assessment could be paid in one payment. Mr. Dallacqua supported the opportunity for payments to be made in three installments and will accept one in done funds! Mr. Broski asked if funds from the assessment are not used if they could be returned to the owners. Mr. Dallacqua explained that the clock is ticking on the inspections on the buildings, and it would be imperative to save any funds not spent in the reserves for future use. Mr. Ring concurred any funds not spent should be put in the reserves, as well Mr. Rodino and Mr. Weber agreed.

Roll Call Vote: Schaffert-yes, Dallacqua -yes, Ring-yes, Rosen-yes, Broski-yes, DiFoggio-yes, Rodino-yes, Weber-yes, Troyer- yes. (9-0) Motion Passed unanimously.

Mr. Schaffert explained there are two or three items being negotiated with the Simon Roofing contract. Mr. Rosen will be working with Kris to get it completed and signed.

Mr. Broski moved to adjourn the meeting. Mr. Rodino seconded the motion. All voted in favor. Meeting adjourned at 12:01 p.m.

*Meeting recorded on ZOOM. File available from Administrative Manager.

**ISLANDER CLUB OF LONGBOAT
CONDOMINIUM ASSOCIATION, INC.
SPECIAL BOARD OF DIRECTORS MEETING**

September 1, 2022

(APPROVED MINUTES)

Mr. Schaffert, President, called the Zoom meeting to order at 4:00 p.m.

Directors Present at the Zoom meeting: Mr. Schaffert, Mr. Ring, Mr. Rosen, Mr. Broski, Mr. Rodino, Mr. Troyer and Mr. Weber.

Mr. Rosen confirmed the meeting was posted on August 30, 2022.

President's Report

The purpose of the meeting today is twofold. To keep the three roofing projects moving forward and to approve a contractor for the cottage roof replacement. Mr. Rosen reported there are two issues preventing the completion of the South Tower contract with Simon Roofing. One is the Town of Longboat Key has not communicated with Simon regarding the building code requirement for the insulation. The Florida building code standard is R12 however some of Simon's contracts in some municipalities require up to R25. That is why there is an extra \$167,000 in the contract to cover expense. Until the Town lets them know what they require the contract cannot go forward. The second issue is the requirement of a performance bond. Simon has \$1M in liability insurance, \$2M in excess insurance. They are a national company that has been in business for 120 years and are a Fortune 500 company. The cost for the performance bond for the South Tower roofing project is 2% of the contract, \$16,000. More than 90% of their contracts do not have a performance bond. Board discussion ensued on Simon's insurance coverage and if it would be adequate to not acquire a performance bond.

Mr. Rosen moved to proceed with the contract with Simon without the provision of a performance bond. Mr. Ring seconded the motion. Mr. Rosen amended the motion to move forward with Simon's contracts for the North & South Tower without insisting on a performance bond but adding Islander Club as an additional insured for the period during construction plus six months. Mr. Ring seconded. Roll Call Vote: Mr. Schaffert yes, Mr. Ring yes, Mr. Broski yes, Mr. Rodino yes, Mr. Troyer yes, and Mr. Weber yes. (7-0) Motion Passed unanimously.

Mr. Brommeland reported that Scott Able from Florida Southern Roofing agrees with the addendums to the contract. Mr. Rosen moved to go forward with the Florida Southern contract on the carports without a specific performance bond, however subject to adding the Islander Club as an additional insured for the period during construction plus six months. Mr. Broski seconded the motion. Roll Call Vote: Mr. Schaffert yes, Mr. Ring yes, Mr. Rosen yes, Mr. Broski yes, Mr. Rodino yes, Mr. Troyer yes, and Mr. Weber yes. (7-0) Motion passed unanimously.

Mr. Rosen moved to hire Simon Roofing to replace the North Tower roof at a cost of \$389,099 and hire Florida Southern to replace the carport roofs at a cost of \$334,105. Mr. Ring seconded the motion. Discussion followed. Roll Call Vote: Mr. Schaffert yes, Mr. Ring yes, Mr. Rosen yes, Mr. Broski yes, Mr. Rodino yes, Mr. Troyer yes, a Mr. Weber yes (7-0) Motion passed unanimously.

Management had two bids to replace the cottage roof, our purchasing guidelines require three bids, which by a board guideline. The Islander Club by-laws only require two bids. Mr. Broski moved to wave the Purchasing Guidelines to obtain three bids to replace the cottage roof. Mr. Ring seconded. Discussion followed. Roll Call Vote: Mr. Schaffert yes, Mr. Ring yes, Mr. Rosen yes, Mr. Broski yes, Mr. Rodino yes, Mr. Troyer yes, Mr Weber yes (7-0) Motion passed unanimously.

Mr. Ring moved to hire Florida Southern Roofing to replace the cottage roof at cost of \$23,712 to be funded from the current reserve of \$10,000 with the balance coming from last year's operating profit. Mr. Broski seconded the motion. Roll Call Vote: Mr. Schaffert yes, Mr. Ring yes, Mr. Rosen yes, Mr. Broski yes, Mr. Rodino yes, Mr. Troyer yes, and Mr. Weber yes. (7-0) Motion passed unanimously.

Note—Mr. Osmer suggested the Islander Club be a named insured under all roofing contractor's insurance that are working at the Islander Club. Mr. Rosen thanked Juergen for his help. Mr. Rochlin thanked everyone on the board and the committee and especially Kris.

Motion made to adjourn. All voted in favor.

Motion passed.

Meeting adjourned at 4:45 p.m.

***Meeting recorded on ZOOM. File available from Administrative Manager.**

Bonnie Rosen

The Carl and Gayle Pfirrmann family celebrated a surprise 85th Birthday for Carl Pfirrmann on the beach at the Islander Club with matching hats, a band and a Pizza party. “Our family has been celebrating the Holidays here for years and years with our children and grandchildren and brothers and family and nieces, nephews and great nieces and nephews. A great time was had by all.



Tower Talk Photo Contest 2023

We have four categories:

- A) Longboat Key Wildlife
- B) Islander Club and our Family
(in the pool, gulf or playing on the beach)
- C) Water, Sky, Moon, Etc.
- D) Any place on Earth or in the Sky

Photos will be judged by:

- Originality
- Artistic composition
- Technical quality
- Photographic technique



The contest runs from February 1 to March 15, 2023.

Color or black and white photos are acceptable. Photos should be as natural as possible. Photos should be in **JPG** format and limited to a file size of less than 5 MB.

Any owners of a condo at The Islander Club may submit up to five (5) entries. Please indicate the category of the submitted photos along with the name of entrant, email address, and phone number. By submitting your photos you give permission for us to publish them in the Tower Talk Newsletter and on the Islander Club website.

Please submit your entries to ictowertalk@gmail.com. The closing date is March 15, 2023.

The Manhattan Transfer



10 Grammy Awards
20 Nominations



also appearing Special Guest **Liston Gregory III**

The Jazz Club of Sarasota

Is proud to kickoff it's **43rd** season presenting

The Manhattan Transfer **50th Anniversary Concert**

&

Liston Gregory III

Friday, October 21 - Sailor Circus Arena
2075 Bahia Vista Street, Sarasota



Liston Gregory III

Jazz Club of Sarasota

2022 October Calendar

25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
				<u>Sarasota Art Museum Sarasota Art Museum, Sarasota, FL</u>	<u>Jazz @ 2 - Bryan Post's Ocean's Eleven Band with John Rinell, vocals Unitarian Universalist Church, Sarasota</u>	
16	17	18	19	20	21	22
	<u>Monday Night Jazz with Paul Gavin Band - Court Cabaret - Florida Studio Theatre, Sarasota</u>				<u>The Manhattan Transfer in Concert Circus Arts Conservatory, Sarasota, FL 34239</u>	
23	24	25	26	27	28	29
					<u>Jazz at Two with Eddie Tobin and Friends Unitarian Universalist Church, Sarasota</u>	
30	31	1	2	3	4	5
					<u>Jazz at Two with Tom Ellison's "Hip Pocket" Unitarian Universalist Church, Sarasota</u>	

Jazz Club of Sarasota

November 2022

30	31	1	2	3	4 Jazz at Two with Tom Ellison's "Hip Pocket" Unitarian Universalist Church, Sarasota	5
6	7 Monday Night Jazz at the Cabaret Court Cabaret - Florida Studio Theatre, Sarasota	8	9	10 Thursday Jazz at the Sarasota Art Museum Sarasota Art Museum, Sarasota, FL	11	12
13	14	15	16	17	18 Jazz at Two - The Patricia Dean Trio Unitarian Universalist Church, Sarasota	19
20 Jazz on the Water Marina Jack II, Sarasota	21 Monday Night Jazz at the Cabaret Court Cabaret - Florida Studio Theatre, Sarasota	22	23	24	25	26
27	28	29	30	1	2 Jazz @ 2 - the Ron Kraemer Trio plus Detroit Mike Hepner Unitarian Universalist Church of Sarasota, Sarasota	3

Jazz Club of Sarasota

December 2022

27	28	29	30	1	2 Jazz @ 2 - the Ron Kraemer Trio plus Detroit Mike Hepner Unitarian Universalist Church of Sarasota, Sarasota	3
4	5 Monday Night Jazz at the Cabaret Court Cabaret at Florida Studio Theatre, Sarasota	6	7	8 Jazz Thursday at the Sarasota Art Museum Sarasota Art Museum, Sarasota, FL	9	10
11	12	13	14	15	16 Jazz @ 2 "A Christmas Celebration" with Mark Moultrup Music Unitarian Universalist Church, Sarasota	17
18	19 Monday Night Jazz at the Cabaret Court Cabaret - Florida Studio Theatre, Sarasota	20	21	22	23	24
25	26	27	28	29	30 Jazz at Two-Scholarship Winners Concert Unitarian Universalist Church of Sarasota, Sarasota	31

The Paradise Center

MONDAYS

10-11am – *Stretch & Strengthen*

Try this 1-hour class designed for increased flexibility, strength and balance. All exercises are done standing or seated in a chair. Feel free to bring light hand weights! And please bring your own towel and water bottle.



1-3pm *Thinking Out Loud: Discussion Group*

Mike Karp moderates this lively group discussion with varying topics (suggestions emailed ahead of time). Issues may include world affairs, U.S. politics, local news, popular culture and topics relevant to seniors. Bring your questions, your convictions...and your open mind!



TUESDAYS

10-11am *Qi Gong*

Taught by experienced instructor Sandi Love, Qi Gong is an ancient healing art designed to improve your mental and physical wellbeing. Its gentle moves can benefit those who play golf or tennis and/or who suffer with hip or back pain, such as sciatica. The stretching movements support agility and flexibility, making you less likely to injure yourself while exercising, and the breathing techniques and focused intent can help calm your mind and ease anxiety.



1-3pm *Mah Jongg*

Join other experienced mah jongg players for an afternoon of fun



*RSVP Required: MaryAnnBrady@TheParadiseCenter.org
Contact MaryAnn for info on beginner classes, too!*

WEDNESDAYS

10-11am *Beginner Tai Chi*

with Certified Instructor Reuben Fernandez



THURSDAYS

10-11am *Zumba & Mat Pilates*

with Certified Instructor Suzy Brenner



This class, designed for active seniors, is so much fun, you'll forget you're exercising! Begin with 30 minutes of Zumba: move your body to Latin and upbeat music...tone muscles, improve balance & coordination. Then finish with mat Pilates – working on flexibility and strengthening core muscles. Come for 30 or 60 minutes!

FRIDAYS

10-11am *Intermediate Tai Chi*

with Certified Instructor Reuben Fernandez

Held outdoors (weather permitting) this intermediate class will include all of the elements of Wednesday's beginners class, but will focus more intensively on the Chen Style form, Lao Da Djia.



11:15am-12:15pm *Qi Gong & Meditation*

Taught by experienced instructor Sandi Love, Qi Gong is an ancient healing art designed to improve your mental and physical wellbeing. Its gentle moves can benefit those who play golf or tennis and/or who suffer with hip or back pain, such as sciatica. The stretching movements support agility and flexibility, making you less likely to injure yourself while exercising, and the breathing techniques and focused intent can help calm your mind and ease anxiety.





WALK FOR BREAST CANCER AWARENESS on Longboat Key!

SATURDAY, OCTOBER 22
9:30am Start Time

Three-mile route starts and ends at **The Paradise Center**, 546 Bay Isles Road, LBK and loops through the Harbourside community.



MORE INFO: 941.383.6493

JOIN OUR TEAM! <http://main.acevents.org/goto/lbkparadise>



Staff of The Paradise Center

Suzy Brenner, Executive Director

Donna Sharp Blaney, Community Outreach & Marketing Manager

Mary Ann Brady, Executive Assistant



Left to right: Blaney, Brenner and Brady

River Street Sweets Savannah's Candy Kitchen, which just opened on the Circle, is the largest praline manufacturer in the country. By Lesley Dwyer, Staff Writer

Savannah pralines have taken over the country and now St. Armand's Circle.

Stephanie Streeter's eyes closed in response to biting into one. She murmured through a full mouth: "creamy, buttery and sweet."

River Street Sweets Savannah's Candy Kitchen opened its 24th store in the Circle on Thursday, Aug. 25. Owner Tim Strickland and his staff celebrated with a ribbon-cutting ceremony, while shoppers celebrated with free samples.

"We're known for our pralines. We're the largest praline manufacturer in the country," said Strickland. "We're from the New Orleans/Baton Rouge area, so that's why we have that kindred spirit with the praline."

Beyond the pralines, which are made fresh daily, the store offers fresh-churned ice cream and candy — barrels full of candy. From basic jelly beans to gummies that look like tacos, the candy shop is a mecca fit for Willy Wonka.

Strickland wanted to open on St. Armands five years ago, but without a lot of vacancies to choose from, he waited it out. Before deciding on the location at 318 John Ringling Blvd., he researched his neighbors: Wyland Galleries, Kilwins and Tommy Bahama.

"Those are all the top one or two or three within their chains, so I knew if they were doing that well that we would do really well too," Strickland said. "That's the reason why we picked this area."

The candy shop chain sprawls the east coast from Asbury Park, New Jersey, to Key West and heads as far west as San Antonio, Texas. For right now, the focus is on Florida.

"It's in our backyard," Strickland said. "I would like to go 25 to 35 stores in Florida in the next five years."

The shop on St. Armands Circle opens daily at 11 a.m. Closing hours vary between 9-10 p.m.

For information, visit RiverStreetSweets.com.



Thank you Veterans for your service!



Honoring all who served!

Veterans Day, observed annually on November 11, is a tribute to military veterans who have served in the U.S. Armed Forces. Not to be confused with Memorial Day, which honors those who died while in service, Veterans Day honors all military veterans, including those still with us.

Holidays we will celebrate in the next three months

Yom Kippur October 4-5, 2022

Yom Kippur is the most solemn of Jewish religious holidays, when Jews seek to expiate their sins and achieve reconciliation with God. It concludes the "10 days of repentance" that begin with Rosh Hashana on the first day of Tishri. It is on Yom Kippur that solemnity and cessation of work are most complete.

Columbus Day October 10, 2022

Columbus Day 2022 is an annual federal American holiday that occurs on the second Monday in October each year. Columbus Day 2022 is a day that commemorates the arrival of Christopher Columbus in the Americas and his discovery of America on October 12, 1492.

Diwali October 24-28, 2022

Diwali is the five-day Festival of Lights, celebrated by millions of Hindus, Sikhs and Jains across the world. Diwali, which for some also coincides with harvest and new year celebrations, is a festival of new beginnings and the triumph of good over evil, and light over darkness. Derived from the Sanskrit dipavali,(or deepavali) which means "row of lights," Diwali is known for the brightly burning clay lamps that celebrants line up outside their homes.

Halloween October 31, 2022

Halloween is the evening before the Christian holy days of All Hallows' Day (also known as All Saints' or Hallow-mas) on 1 November and All Souls' Day.

Thanksgiving November 24, 2022

Thanksgiving Day, annual national holiday in the United States and Canada celebrating the harvest and other blessings of the past year. Americans generally believe that Thanksgiving is modeled on a 1621 harvest feast shared by the English colonists (Pilgrims) of Plymouth and the Wampanoag people.

Hanukkah December 18-26, 2022

Hanukkah is a Jewish festival commemorating the recovery of Jerusalem and subsequent rededication of the Second Temple at the beginning of the Maccabean revolt against the Seleucid Empire in the 2nd century BCE. It is also known as the Festival of Lights.

Christmas December 25, 2022

Christmas is a religious and cultural holiday, celebrating the anniversary of the birth of Jesus Christ Christmas Day is celebrated annually by Christians on December 25 in the United States and throughout the world.

Kwanzaa December 26, 2022

Beginning December 26 and lasting for seven days, Kwanzaa is a celebration of community, family and culture, established as a means to help African Americans reconnect with their African roots and heritage.

New Year's Eve December 31, 2022

New Year's Eve is a major social holiday for many people in the United States. Many people hold parties at home or attend special celebrations to celebrate the upcoming New Year.

We are looking for volunteers to join our
Towertalk Team! If you are interested in
joining our team and/or have some
suggestions for articles please contact me at

radlinski@aol.com

Thank you,

Phyllis Radlinski, Editor

This past few years have been very difficult. I pray that Covid 19, which is an infectious disease caused by the SARS-CoV-2 virus, is defeated and we can return to having gatherings.

Please follow all Islander Club and national recommended requirements.

Let's get rid of this disease!

Contact Information

Give us a call if you have any questions or suggestions.

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