

# TOWER TALK

## THE NEWSLETTER OF THE ISLANDER CLUB



**July—September 2022**



### Happy 4th of July!

Also called Independence Day, the Fourth (4th) of July is a public holiday in the United States of America that commemorates the adoption of the Declaration of Independence on July 4, 1776, which declared the original colonies to be free from British rule.

There are so many 4th of July Weekend Events near Long Boat Key! Including Freedom Fest Celebration which begins the 4th of July at 9 a.m. with a parade, then into the park with games and crafts for the kids, a butterfly release, waffles with strawberries and whipped cream, ponies, the famous “Hot Diggety Dog” contest sponsored by the Longboat Key Rotary Club—Prizes awarded for most patriotic, most creative dog costume, and for best owner and dog combination. Kids are welcome to decorate their bikes, wagons, and themselves and march in the parade.

Sarasota has a whole weekend celebration for the 4th of July Including Fireworks.

### In This Issue

- Sally Kingston, Administrative Mgr.
- Updates on things happening
- Phyllis Radlinski, Editor

## **NEW OWNERS**

**85/86 South          John & Laurie Skipper**

**If you are interested in Leasing your apartment, please notify the office. Occasionally interested parties contact the office and your information will be posted.**

**Owners who would like to participate in Resident to Resident, please let the office know. This list is not published, owners who are looking to participate in a Resident-to-Resident occupancy may contact the office for the list and appropriate form.**

## **CONDOS FOR LEASE**

**OCT. 1, 2022 TO SEPT. 30, 2023**

### **FOR LEASE**

**85/86 SOUTH  
GULF TO BAY VIEWS  
(4BED/4BATH)  
ANNUAL (AUGUST 2022) OR 6 MONTHS (OCT. 1, 2022 – APRIL 1, 2023)  
Laurie Skipper  
(301) 526-5238  
laurieskipper@comcast.net**

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### **FOR LEASE**

**71 SOUTH  
GULF SUNSET VIEW  
1 or 2 months (Available Oct 1 to Dec. 15)  
Contact  
Jean Thomson  
612-387-7725  
jean.thomson@dashe.com**

## **Kris Brommeland Report**

RL James arrived Tuesday, May 31st bringing in the equipment they need to complete our balconies. They spent the day hauling items to the roof and setting up swing stage. So they will be making some noise while working on the roofs—balconies. Staff is touching up the paint inside the buildings.

There have been many comments on when are the carport roofs are going to be pressure washed, I took pictures of the roofs and sent them out to the board members to show why I am against anyone getting on top of those roofs to pressure clean. In my opinion they are in bad enough shape that only a licensed roofing contractor should attempt to do anything to them. Every roof has at least one spot where the tile is buckled meaning that the wood underneath is failing.

Roofing estimates are coming in for both North and South Towers and also the carports. No decision can be made until we receive all the estimates.

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**Audrey Heimler**, resident of 95/96 North, celebrated her 90th birthday on Saturday, June 18th in the Islander Club Clubroom.

Her family gathered for the weekend on Longboat Key for the party.





## Update from the Decorating Committee by Gayle Pfirrmann

The items that were purchased to enhance the property in the past fiscal year are shown in these pictures. They included two new benches for the clubhouse lobby, the two existing benches in the tower lobbies were reupholstered, two new porcelain table tops for the mail-room tables, two boxwood decorative sculptures in the clubhouse lobby and two boxwood decorative sculptures in the tower lobbies using the previously purchased containers.







## Hospitality Committee Report by Bonnie Rosen and Jan Schaffert

### Fun Farewell Sunset Concert...Finally!

After a number of weather-related cancellations, many remaining owners and residents sang and danced to their favorite tunes and enjoyed each other's company past the glorious sunset. This final IC musical and social event of the season was performed by Brian Milgate, Manager at Vizcaya Condominiums, and his band, who also played for us during the February 24th sunset gathering. This type of outdoor soiree was quite popular and we are looking forward to repeat performances in the years ahead. The beautiful weather topped off an evening of fun, friendship, and frivolity!

Enjoy all the photos from this happy gathering!





















































New plants were planted in front of the Islander Club. They are a mixture of red vincas, miniature white with red center vincas, pink bougainvillea, dusty millers, and a vine in the large entry planter is called sweet potato vines. Also included in the photo of the tower entry area is ibis. The plants with the orange flowers are called orange Ixia Plants. They all look pretty!

Bonnie Rosen













**Sea turtle nesting season:** The season started on May 1 and runs through Oct. 31. The new and revised requirements in our Town Code adopted in 2021, are effective this nesting season. Thank you to our partners Mote Marine, Longboat Key Turtle Watch, and the Longboat Key Garden Club. Call Code Enforcement Officer Chris Kopp at 941-316-1966 with any questions or to schedule discussions about the new code for your condominium or HOA meetings.



**It's shorebird nesting season, too:** Shorebird nesting season runs through the summer but wraps up in September providing birds adequate time for a successful nesting period. 2021 didn't produce a high number of nests but those that we had were more productive than prior years. Least terns, black skimmers and snowy plovers are among those who call Longboat Key beaches home. Nests are laid on the very top of a patch of sand which makes them vulnerable to predators like raccoons, etc., and also includes dogs, and people. Our beach permit conditions require shorebird monitoring to ensure beach conditions are favorable for nesting, and that nests are properly marked to protect eggs and hatchlings.





## **What's Happening on Long Boat Key!**

**Featured July 9 @ 11:00 am - 2:00 pm EDT**

**Jazz on the Circle**

**St. Armands Circle Association Sarasota, FL**



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**Saturday July 16th – 9:00am to 3:00pm**

**Join Lotus Car and British Car owners for this free event in St. Armands Circle Park.**

**Sponsored by Lynches Pub & Grub [www.Lynches.pub](http://www.Lynches.pub)**

**For further information regarding this show and registration, please contact Jason@Lynches.pub**

**On-site registration and show parking taking place between 7:00am to 9:00am.**





Featured August 13 @ 11:00 am - 2:00 pm

JAC of all Trades

St. Armands Circle Association Sarasota, FL

Fronted by vocal virtuoso and former American Idol finalist Jonathan Cortez, JAC of All Trades brings some star power to St. Armands on August 13th with their signature jazzy blend of live performance and high energy



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.Featured September 10 @ 9:00 am - 3:00 pm EDT

Exotic Cars on the Circle

St. Armands Circle Park, Sarasota, FL

We are excited to welcome back Exotic Cars On The Circle, Sponsored By Ferrari Drivers SRQ Enjoy this free event on Saturday, September 10 from 9:00am to 3:00pm A minimum donation of \$25 is requested to show your car.





The Sarasota Jazz Project comes to Circle Park on  
Saturday, September 17th 11:00 am—2pm

as guests are wowed with an afternoon of jazz standards.

Celebrating all the swing of the 1930s,  
the Circle comes alive with a full horn section and conductor.



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## **Jazz Club of Sarasota**

**July 14, Jazz Thursday at the Sarasota Art Museum**

**July 18, Monday Night Jazz at the Cabaret**

**August 11 Jazz Thursday at the Sarasota Art Museum**

**August 15 Monday Night Jazz at the Cabaret**

**September 8 Jazz Thursday at the Sarasota Art Museum**

**September 12, Monday Night Jazz at the Cabaret**

**For additional information go to:**

**<https://jazzclubsarasota.org/events>**



## The LBK Paradise Center

### On Going Programs

#### MONDAYS

10-11am – Stretch & Strengthen

Try this 1-hour class designed for increased flexibility, strength and balance. All exercises are done standing or seated in a chair. Feel free to bring light hand weights! And please bring your own towel and water bottle.

1-3pm Thinking Out Loud: Discussion Group

Mike Karp moderates this lively group discussion with varying topics (suggestions emailed ahead of time). Issues may include world affairs, U.S. politics, local news, popular culture and topics relevant to seniors. Bring your questions, your convictions...and your open mind!

#### TUESDAYS

10-11am Qi Gong

Taught by experienced instructor Sandi Love, Qi Gong is an ancient healing art designed to improve your mental and physical wellbeing. Its gentle moves can benefit those who play golf or tennis and/or who suffer with hip or back pain, such as sciatica. The stretching movements support agility and flexibility, making you less likely to injure yourself while exercising, and the breathing techniques and focused intent can help calm your mind and ease anxiety.

1-3pm Mah Jongg

Join us for fun Mah Jongg!

RSVP Required: [MaryAnnBrady@TheParadiseCenter.org](mailto:MaryAnnBrady@TheParadiseCenter.org)

#### WEDNESDAYS

10-11am Beginner Tai Chi

with Certified Instructor Reuben Fernandez

Held outdoors (weather permitting), this beginner Chen Tai Chi class is recommended for those who are interested in improving their overall health and wellbeing by utilizing simple, easy-to-follow exercises and breathing techniques. Tai Chi is an ancient art with roots in the philosophy known as Taoism. Its purpose is to learn how to relax internally, improve your sense of balance and release anxiety and stress. No special equipment is required; closed shoes with low heels are recommended (not running shoes). All experience and fitness levels welcome!

#### THURSDAYS

10-11am Zumba & Mat Pilates

with Certified Instructor Suzy Brenner

This class, designed for active seniors, is so much fun, you'll forget you're exercising! Begin with 30 minutes of Zumba: move your body to Latin and upbeat music...tone muscles, improve balance & coordination. Then finish with mat Pilates – working on flexibility and strengthening core muscles. Come for 30 or 60 minutes!



## FRIDAYS

10-11am Intermediate Tai Chi  
with Certified Instructor Reuben Fernandez

Held outdoors (weather permitting), this intermediate class will include all of the elements of Wednesday's beginner class, but will focus more intensively on the Chen Style form, Lao Da Djia.

This Chen Tai Chi class is recommended for those who are interested in improving their overall health and wellbeing by utilizing simple, easy-to-follow exercises and breathing techniques. Tai Chi is an ancient art with roots in the philosophy known as Taoism. Its purpose is to learn how to relax internally, improve your sense of balance and release anxiety and stress. No special equipment is required; closed shoes with low heels are recommended (not running shoes).

11:15am-12:15pm Qi Gong & Meditation

Taught by experienced instructor Sandi Love, Qi Gong is an ancient healing art designed to improve your mental and physical wellbeing. Its gentle moves can benefit those who play golf or tennis and/or who suffer with hip or back pain, such as sciatica. The stretching movements support agility and flexibility, making you less likely to injure yourself while exercising, and the breathing techniques and focused intent can help calm your mind and ease anxiety. This class will close with 10 minutes of guided meditation.

**If you would like more information please go to their website: [theparadisecenter.org](http://theparadisecenter.org)**

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### **Religious Holidays for July—September 2022**

July 9 - 10 Martyrdom of Báb Baha'i

July 7 - 12 The Hajj Islam

August 5 - 6 Tisha B' Av Judaism

July 9 - 13 Eid al-Adha Islam

July 24 - 25 Pioneer Day Christian

August 1 Lughnasadh Pagan and Wiccan

July 29 - 30 Islamic New Year Islam

August 15 Feast of Assumption Roman Catholic

August 18 - 19 Krishna Janmashtami Hindu

September 25 - 27 Rosh Hashanah Judaism

September 28 Tzom Gedaliah Judaism

September 21 - 29 Mabon Pagan and Wiccan

September 16 - 17 Arba'een Islam



**April 17, Easter Sunday, was a very special day not just because it was Easter, but this was the first time we had seen manatees in the water by the condo! A total of eight manatees, some big, some small. So beautiful. Our 19 year old granddaughter, Rachel, had come to visit us for the first time here at the Islander Club and guess what.....she spent about 1 hour out on the dock taking pictures. She forwarded me the photos so I could share them with you. Richard and Phyllis Radlinski**







### **Tower Talk Contact Information**

**Islander Club of Longboat**

2295 Gulf of Mexico Dr.

**Longboat Key FL 34228**

**Give us a call if you have any questions, suggestions or would like to join our Team!**

**(941)383-1766**

**Or contact [sally@theislanderclub.com](mailto:sally@theislanderclub.com)**

**Or [ictowertalk@gmail.com](mailto:ictowertalk@gmail.com)**